



# 2% Reduced Fat Milk

## Nutrition Facts

**Serving Size** 1 cup (240mL)  
**Servings Per Container** 16

**Amount Per Serving**

**Calories/Calories from Fat** 130/45

% Daily Value\*

**Total Fat** 5g 8%

Saturated Fat 3g 15%

Trans Fat 0g

**Cholesterol** 20mg 7%

**Sodium** 130mg 5%

**Total Carbohydrate** 12g 4%

Dietary Fiber 0g 0%

Sugars 12g

**Protein** 8g

Vitamin A 10% Calcium 30%

Vitamin C 4% Iron 0%

Vitamin D 25% Potassium 11%

## Ingredients

Milk

## Allergens

- |  |   |
|--|---|
| <input type="checkbox"/> Peanuts         | <input type="checkbox"/> Wheat          |
| <input type="checkbox"/> Tree Nuts       | <input type="checkbox"/> Soy            |
| <input checked="" type="checkbox"/> Milk | <input type="checkbox"/> Fish/Shellfish |
| <input type="checkbox"/> Egg             |   |

## Other

N/A

