



Bananas

Nutrition Facts

Serving Size 1 banana
Servings Per Container 10

Amount Per Serving

Calories 105

Total Fat 0g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg

Sodium 1mg

Total Carbohydrate 27g

Dietary Fiber 3g

Sugars 14g

Protein 1g

Iron 2% Vitamin C 17%

Calcium 1% Vitamin A 2%

Ingredients

Bananas, raw

Allergens

- | | |
|------------------------------------|---|
| <input type="checkbox"/> Peanuts | <input type="checkbox"/> Wheat |
| <input type="checkbox"/> Tree Nuts | <input type="checkbox"/> Soy |
| <input type="checkbox"/> Milk | <input type="checkbox"/> Fish/Shellfish |
| <input type="checkbox"/> Egg | |

Other

Gluten-Free, Vegetarian

