



Chopped Romaine Lettuce

Nutrition Facts

Serving Size 1 cup
Servings Per Container Approx. 3-4

Amount Per Serving

Calories 8

Total Fat 0g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg

Sodium 4mg

Total Carbohydrate 2g

Dietary Fiber 1g

Sugars 1g

Protein 1g

Iron 3% Vitamin C 19%

Calcium 2% Vitamin A 82%

Ingredients

Romaine Lettuce

Allergens

- | | |
|------------------------------------|---|
| <input type="checkbox"/> Peanuts | <input type="checkbox"/> Wheat |
| <input type="checkbox"/> Tree Nuts | <input type="checkbox"/> Soy |
| <input type="checkbox"/> Milk | <input type="checkbox"/> Fish/Shellfish |
| <input type="checkbox"/> Egg | |

Other

Gluten-Free, Vegetarian

