



# Whole Grain Mac & Cheese

## Nutrition Facts

**Serving Size** 1 cup

**Servings Per Container** *Varies*

**Amount Per Serving**

**Calories/Calories from Fat** 330/140

% Daily Value\*

**Total Fat** 15g 23%

Saturated Fat 7g 35%

Trans Fat 0g

**Cholesterol** 30mg 10%

**Sodium** 700mg 29%

**Total Carbohydrate** 33g 11%

Dietary Fiber 2g 23%

Sugars 5g

**Protein** 16g

Iron 10% Vitamin C 0%

Calcium 30% Vitamin A 23%

## Ingredients

Skim Milk, Cooked Enriched Macaroni Product (Water, Whole Durum Wheat Flour, Semolina, Egg Whites, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Cheddar Cheese (Milk, Cheese Cultures, Salt, Enzymes, Annatto Color), Cheddar Club Cheese (Cheddar Cheese [Cultured Milk, Salt, Enzymes], Water, Salt, Annatto Color), 2% or Less of Soybean Oil, Bleached Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Modified Cornstarch, Sea Salt, Potassium Chloride, Autolyzed Yeast Extract, Seasoning (Maltodextrin, Nonfat Dry Milk, Salt, Butter [Cream, Annatto], Enzyme Modified Milk Fat, Ascorbic Acid, Calcium Lactate, Disodium Phosphate, Flavoring, Lactic Acid, Modified Cornstarch, Sodium Caseinate, Whey Protein Concentrate), Seasoning (Cheddar Cheese [Cultured Milk, Salt, Enzymes], Water, Salt, Disodium Phosphate, Natural Flavors), Maltodextrin, Annatto Color, Lactic Acid, Mono- & Diglycerides, Seasoning (Natural Flavoring, Buttermilk Powder, Yeast Extract, Maltodextrin, Whey Powder, Lactic Acid, Calcium Lactate, Malic Acid, Mannitol), Xanthan Gum, Calcium Lactate, Citric Acid. Contains: Egg, Wheat, Milk Ingredients.



## Allergens

- |  |   |
|--|---|
| <input type="checkbox"/> Peanuts         | <input checked="" type="checkbox"/> Wheat |
| <input type="checkbox"/> Tree Nuts       | <input type="checkbox"/> Soy              |
| <input checked="" type="checkbox"/> Milk | <input type="checkbox"/> Fish/Shellfish   |
| <input checked="" type="checkbox"/> Egg  |   |

## Other

Full Product Name: *Stouffers® Whole Grain Macaroni & Cheese*

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